The Human Development Program strongly endorses study abroad as an excellent opportunity for personal and intellectual growth for HDP majors. A student whose chosen field of study is Human Development may especially benefit from experiences abroad while fulfilling their major or minor requirements. Because the Human Development major is highly interdisciplinary, HDP students will find programs in which to study the theories and research they've learned about in their major program through hundreds of host institutions as part of the University of California’s Education Abroad Program (EAP) or UCSD’s own Opportunities Abroad Program (OAP).

“My year abroad offered everything in education that you can’t get sitting in class. It opened my entire world up from the way I think, the things that matter to me, and my ideas about life and my future. I would say a real college education is incomplete without a year abroad.” --Lara Barth, HDP Major, University of Toulouse, France, 2003-2004

Why study abroad?

MV Explorer, Semester at Sea

Regardless of your future career choice, study abroad will help you develop skills that are critical to a liberal arts education.† Former UCSD Human Development students are currently enrolled in graduate studies in such areas as social work, occupational or physical therapy, cognitive linguistics, neuroscience, medical school, and biological studies. They have also embarked upon successful careers in the areas above, as well as teaching, early childhood education, counseling...you name it!

Consider your value to an employer or a graduate program if you’ve:

• Participated in a different educational system and gained a new cultural perspective
• Increased your proficiency in another language
• Improved your critical thinking skills
• Expanded your worldview by experiencing another culture firsthand
• Developed self-confidence and independence
• Prepared for a career in an internationally competitive world
• Enhanced résumés and/or applications for graduate school

What are my first steps?

1. Attend a First Steps meeting at the International Center (call 534-1123)
2. Visit http://programsabroad.ucsd.edu to find out more!
3. Start your research in the Programs Abroad Library
4. Meet with a Programs Abroad Advisor
5. Complete your Academic Planning Form
6. Schedule a visit with the advisor in Human Development (hdp@weber.ucsd.edu or 858-534-9919)
7. Bring as many course descriptions as possible to your appt.
8. Visit your college advising office

What will it cost?

Study on EAP/OAP can be comparable to the cost of study at UC. In some cases, it is less. EAP participants pay UC fees and continue to receive UC financial aid while abroad. Furthermore, EAP students are eligible for special grants and scholarships from UC, the host country, and other sources.

OAP students may retain all or some of their funding while abroad, including special study abroad scholarships, but because of the variety of the programs found through OAP, costs for individual programs can vary greatly.

Check here for specific information about scholarships and financial aid: http://programsabroad.ucsd.edu/pao/funding.htm

When should I study abroad?

While it is possible for Human Development students to go abroad at almost any point in their academic careers, the particular quarter, semester, summer or year that you study abroad depends on your individual progress in your major and what courses you plan to take while abroad.

Students are advised to take at least two upper division courses at UCSD before they leave. See Requirements section below for more information.
Where should I study abroad?

You will find coursework relevant to your major in Human Development at many EAP study centers. Program Wizard (http://eap.ucop.edu/programwizard) can help you find programs that meet your needs.

If you can’t find a program, university or country that suits your needs through EAP, try OAP! Two sites that will help you in your search are http://www.goabroad.com/ and http://www.studyabroad.com/.

Here are just a few of the universities where Human Development students have studied, along with examples of petitioned and accepted courses:

- Genetics - University of Alcala de Henares, Spain
- Gender, Sexuality & Family - La Trobe University, Australia
- Initial Development - Universitat de Barcelona, Spain
- Infancy Neuropsychology - Universitat de Barcelona, Spain
- Aging and Adulthood - University of B.C., Canada
- Developmental Psychology-Doshisha University, Japan
- Cognitive Development--University of Grenoble
- Literature for Children--University of Puerto Rico
- Sociology of the Family--University College Cork, Ireland
- Human Sexuality and Education--University of Costa Rica
- Gender and Development--University of Edinburgh, United Kingdom
- Socio-Emotional Development--University of Granada, Spain
- Psychology of Infancy--University of Padua, Italy
- Developmental Biology and Genetics--Utrecht, Netherlands
- Lifespan Developmental Psychology--Utrecht, Netherlands
- Korean Marriage, Family, and Kinship-Yonsei University, Korea

What classes should I take?

Because the Human Development major is interdisciplinary, it is important that the abroad student has a good understanding of the breadth and depth of the major. The program is divided broadly into three areas of study: Biological, Ontogenetic, and Socio-Cultural Development. When considering courses to take abroad the student should consider classes that may fall into these three individual areas. But more importantly, students should seek classes in these areas that are specifically developmental in nature. For example, a typical course on Cognitive Psychology--which is not an acceptable developmental class--is NOT the same as a course on Cognitive Development. One focuses on the mature cognitive system. The other examines the development of cognition in humans. Human Development’s undergraduate advisor will help students search for course descriptions that may be determined to meet major and minor requirements.

EAP students automatically earn UC credit for the work they complete abroad. However, application of credit to major requirements is subject to the discretion of the department.

What happens when I return?

Students must bring all coursework material from their abroad program to the Human Development advisor with a general petition for each course. We must see a syllabus to determine whether the courses taken will count to fulfill HDP requirements. Also keep exams, papers, written projects, reading lists and class notes. The Faculty advisor of the program will review the petitions and make final approval on coursework if courses are approved the information will be transferred to the appropriate colleges. Feel free to contact us via email - hdp@weber.ucsd.edu- if you have questions regarding requirements, which classes may transfer, or just to let us know how you are doing.

Requirements

The Human Development Program allows students to transfer up to four courses from outside UCSD. Careful planning with advisors provides guidelines for choosing acceptable courses. Courses may be approved provisionally, before departure, based on titles and descriptions. It is recommended that students take HDP 1 and take at least 2 upper division courses in their major before going abroad. This should give students a better understanding of courses that may fulfill requirements for the major.

Please print and read the GUIDELINES from the Human Development web page to help you choose your courses.

Yeah, but...

Still not sure if study abroad is for you? Want to discuss it with your parents, or need to convince them? Check out UCEAP’s “Top Ten Reasons to Study Abroad” (http://eap.ucop.edu/eap/whystudyabroad.shtm)